

ABOUT YOUR MASSAGE ROLLER

The **MASSAGE ROLLER** with its free-turning timber rollers can invigorate and relax you, help stimulate your circulation and improve your muscle tone as the rollers move over your body giving massage to hips, abdomen, buttocks, inside thighs, arms legs and feet

For the best results the Massager should be used in conjunction with a proper diet and exercise program, consult you Doctor to establish your own exercise and diet program. He is the best person to advise you as to what your physical condition requires.

WARNING

Small children and persons physically handicapped **SHOULD NOT** use any exercise equipment without a qualified person in attendance.

When using this exerciser, please make sure to wear clothing that is not oversized or too loose which may become entangled in the mechanism.

Not recommended for use during pregnancy.

Tie long hair back.

Do not use over inflamed or swollen areas.

**PROUDLY MANUFACTURED
BY
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